The potential and unknowns of gender transformative approaches

authored by
Cynthia McDougall, Marlène Elias, Annet Abenakyo Mulema

on
March 1, 2021

Key messages:

- Current lack of progress on gender equality in agriculture and natural resource management suggests that we need to fundamentally and critically question how these sectors approach gender, in order to more substantively and sustainably address inequalities.

- Gender transformative approaches represent a shift in how we think about and approach gender in order to address these shortcomings. They seek to tackle inequalities by engaging women and men together in addressing underlying gender barriers. In particular, they can shift constraining gender norms, which are a critical leverage point for enhancing gender equality.
- While gender transformative approaches have become increasingly recognized as important, there are critical gaps in evidence regarding how they work and their outcomes. But, if better evidence can be built and applied, gender transformative approaches offer a potent opportunity for development programs and investments to make lasting progress toward equality.

With less than a decade left to meet the Sustainable Development Goals, the sobering current global trajectory is one in which it will take roughly 170 years (http://www3.weforum.org/docs/WEF_Global_Gender_Gap_Report_2016.pdf) to achieve gender equality. The current global pandemic has both made gender inequalities more visible and worsened them (https://blogs.lse.ac.uk/covid19/2020/05/18/nadia-kabeer-labour-market-inequalities-are-exacerbated-by-covid-19/), including in food systems.

The lack of progress in reducing inequalities in the agriculture and natural resource management sectors, despite investments in women’s empowerment, underscores the need to interrogate and rethink current accommodative gender approaches, which focus on working around – rather than directly addressing – structural barriers.

**Shortcomings of current approaches to gender**

A team of co-authors across CGIAR recently undertook a literature review that identifies and synthesizes two main critiques about current common approaches to gender. Our goal is to help the research and development community respond to the need for new ways to address gender inequality in food systems.

First, the literature indicates that current gender approaches have failed to deliver gender outcomes as intended. In particular, while they may “reach” women (such as by involving women in trainings), they do not necessarily lead to substantive or lasting empowerment.

Second, common gender accommodative approaches only engage relatively superficially with how social change occurs. Current strategies tend to address visible gaps, yet do not take into account that inequalities persist (or return) because of underlying structural factors (http://pubs.iclarm.net/resource_centre/AAS-2012-20.pdf), in particular gender norms (https://www.igwg.org/wp-content/uploads/2017/05/Gender-Continuum-PowerPoint_final.pdf).

Gender norms are the unwritten rules of any given society about the expected behavior (https://www.tandfonline.com/doi/abs/10.1080/13549701.2015.1078485) of women and men. These include what paid or unpaid work and roles are considered “appropriate” for different genders in the farm and household, which assets should be controlled by whom, and overall, how women and men should act and interact, including which gender is “the decision maker” versus which is the “caregiver”.

Norms vary by context and intersect with other aspects of identity (such as wealth, ethnicity or religion) and other expectations and practices. The fact that gender norms are
underlying drivers of gendered practices, but also dynamic and changeable, makes them critical leverage points for enhancing gender equality, something that is overlooked by gender accommodative approaches.

**Gender transformative approaches: A way forward**

In response to the above critiques, a growing number of research-for-development institutes and development agencies have developed and applied a range of gender transformative approaches over the past decade. Following the lead set by the reproductive health sector, CGIAR and partner teams have taken up this challenge by conceptualizing and innovating with gender transformative approaches in and for food systems, including land-based and aquatic food systems and natural resource governance.

Based on these emerging experiences and gender transformative cases from the literature, we have arrived at the following insights about gender transformative approaches as a potential way forward.

In terms of outcomes, the transformative approaches used in the cases we reviewed catalyzed at least three types of significant—and interconnected—gender outcomes: reductions in underlying barriers (such as gendered attitudes to partner violence); improvements in women's empowerment (such as in decision-making and division of labor); and contributions to other outcomes (such as production practices, nutrition and health).

These findings represent a significant breadth and depth of gender-related outcomes, including constructive changes across the cases in underlying gender attitudes. As attitudes represent a proxy for norms, this suggests the approaches may indeed contribute to shifts in some underlying structural gender barriers.

In terms of how change happens, the cases illustrate two mechanisms that gender transformative strategies have in common: the strategies seek to surface and engage with underlying barriers (norms); and, they engage both women and men as actors in catalyzing equality, rather than focusing only on women. Moreover, the strategies all combine reflexive, participatory methods and tools that engage participants as agents in their own social change process.

**Unknowns and priority research areas**

Our analysis also revealed notable gaps. First, there is a lack empirical evidence in agriculture and NRM about outcomes from gender transformative versus accommodative approaches. Although gender transformative approaches do appear compelling, it will be
challenging to make informed investment decisions without more systematic evidence on
the specific and relative contributions of different approaches. At the same time, while
there are solid arguments and evidence that gender accommodative approaches are
insufficient, there are substantive gaps in understanding how to move ahead effectively
with gender transformative approaches.

We note, in particular, three critical areas in need of further research:

- how to more effectively engage with intersectionality (rather than gender only) when
  working for transformational change;
- how to scale out local-level gender transformative approaches; and,
- how to engender transformative change beyond the local, including within and through
  public and private sector—as well as agriculture for development—insitutions.

Strengthening the contribution of agriculture and natural resource management to gender
equality is a pressing development challenge—never more so than now, as COVID-19
illuminates and worsens the persistent equity fault lines in food systems. Emerging
transformative approaches advance equality (https://www.scielo.br/scielo.php?pid=S0044-
81332018000100202&sscript=sci_arttext&lng=en) by tackling the limiting ways in which gender has
been addressed, including by presenting an alternative to viewing women primarily as
instruments of development.

If sufficient, and sufficiently high-quality, understanding and evidence can be built and
applied to inform development practice, gender transformative approaches offer a potent
opportunity to transition from pervasively slow or regressive trends toward substantive
and lasting progress towards equality in food systems.

Suggested citation:

McDougall, C., Elia, M., Mulema, A. 2021. The potential and unknowns of gender
transformative approaches. CGIAR GENDER PLATFORM Evidence Explainer. Nairobi,
Kenya: CGIAR GENDER Platform. https://hdl.handle.net/10568/114804
(https://hdl.handle.net/10568/114804).

References
Building coalitions, creating change: An agenda for gender transformative research in agricultural development

Gender norms and the economy: Insights from social research

Gender and systems research: Leveraging change

Gender accommodative versus transformative approaches: a comparative assessment within a post-harvest fish loss reduction intervention

Beyond “empowerment lite”: Women’s empowerment, neoliberal development and global justice

You can read this article at https://gender.cgiar.org/news-events/potential-and-unknowns-gender-transformative-approaches or frame the following QR Code with your mobile phone camera:

The CGIAR GENDER Platform is grateful for the support of CGIAR Trust Fund Contributors
This work is licensed under a Creative Commons Attribution 4.0 International License.